

2026 School Year

LastEditDate : 2026-05-05

CourseType	RecommendedYearOfStudy	CourseTitle	ModuleName	Cs	Hr	Rs	1st Academic Year		2nd Academic Year		3rd Academic Year		4th Academic Year		Memo						
							1st Semester	2nd Semester	1st Semester	2nd Semester	1st Semester	2nd Semester	1st Semester	2nd Semester							
							Le	Lb	Le	Lb	Le	Lb	Le	Lb		Le	Lb	Le	Lb		
General Courses		[D04000546]Elementary Mandarin Chinese(5 Credit)		5	10	1	10	0													
		[D04000548]Intermediate Mandarin Chinese(5 Credit)					10	0													
		[D04000549]Intermediate Mandarin Chinese Support Class(0 Credit)		0	5	1	5	0													
		[D04000547]Elementary Mandarin Chinese Support Class(0 Credit)					5	0													
		[D04000550]Physical Education I(2 Credit)		2	2	1	2	0													
		[D04000548]Intermediate Mandarin Chinese(5 Credit)		5	10	1		10	0												
		[D04000552]Advanced Mandarin Chinese(5 Credit)						10	0												
		[D04000549]Intermediate Mandarin Chinese Support Class(0 Credit)		0	5	1		5	0												
		[D04000553]Advanced Mandarin Chinese Support Class(0 Credit)						5	0												
		[D04000551]Test Preparation for Basic Level Mandarin Proficiency Certification(0 Credit)		0	2	1		2	0												
		[D04000554]Physical Education II(2 Credit)		2	2	1		2	0												
		[D04000555]English for Daily Conversation I(2 Credit)		2	2	1				2	0										
	[D04000556]Taiwanese Society and Culture(2 Credit)		2	2	1				2	0											
	[D04000557]English for Daily Conversation II(2 Credit)		2	2	1					2	0										
	[D04000558]Information Technology and Applications(2 Credit)		2	2	1						2	0									
(Subtotal : 22)				22	44	11	32	0	34	0	4	0	4	0	0	0	0	0	0	0	
Departmental Required Courses		[DL4110415]Field Study in Sports and Health Enterprises(1 Credit)		1	2	1	2	0													
		[DL4110416]Sports and Health I(2 Credit)		2	2	1	2	0													
		[DL4110417]In-school internship I(2 Credit)		2	2	1	2	0													
		[DL4110458]Instruction and Practice in Health-related Physical Fitness(2 Credit)		2	2	1	2	0													
		[DL4110419]Operation Management and Practice of the Leisure Industry(1 Credit)		1	1	1		1	0												
		[DL4110420]In-school internship II(2 Credit)		2	2	1		2	0												
		[DL4110421]Sports and Health II(2 Credit)		2	2	1		2	0												
		[DL4110422]Leisure and Health Promotion(2 Credit)		2	2	1		2	0												
		[DL4110423]Marketing Management(2 Credit)		2	2	1				2	0										
		[DL4110425]Instruction and Practice in Health-related Physical Fitness II(2 Credit)		2	2	1				2	0										
		[DL4110479]Sports Training(2 Credit)		2	2	1				2	0										
		[DL4110426]Fitness Instruction in Leisure(2 Credit)		2	2	1					2	0									
		[DL4110427]High and Low Impact Aerobics(2 Credit)		2	2	1					2	0									
		[DL4110480]Sports Nutrition(2 Credit)		2	2	1						2	0								
		[DL4110260]Sports management practice(2 Credit)		2	2	1							2	0							
		[DL4110429]Introduction to Health Promotion and Wellness(2 Credit)		2	2	1							2	0							
		[DL4110430]Health Management and Wellness for Older Adults(2 Credit)		2	2	1							2	0							
		[DL4110431]Assessment of Functional Fitness(2 Credit)		2	2	1							2	0							
		[DL4110432]Health and Practice in Manipulative Massage(2 Credit)		2	2	1								2	0						
		[DL4110434]Special Topics in Health Promotion and Wellness(2 Credit)		2	2	1								2	0						
		[DL4110460]Badminton and practical guidance(2 Credit)		2	2	1								2	0						
		[DL4110484]Internship in the Leisure Industry V(6 Credit)		6	20	1										0	20		替代課程：團康活動規劃與設計實務+網球指導與實務+棒壘球指導與實務		
	[DL4110481]Internship in the Leisure Industry VI(6 Credit)		6	20	1											0	20	替代課程：漆彈指導與實務+休閒俱樂部經營管理實務II+定向越野指導與實務			
(Subtotal : 52)				52	81	23	8	0	7	0	6	0	6	0	8	0	6	0	20	0	20
Departmental Elective Courses		[DL4110463]Sports Injuries and Prevention I(2 Credit)		2	2	1	2	0													
		[DL4110465]Tourism Risk and Dispute Management I(2 Credit)		2	2	1	2	0													
		[DL4110454]Operation Management and Practice of Sports Facilities I(2 Credit)		2	2	1			2	0											
		[DL4110455]Analysis of Big Data in Health I(2 Credit)		2	2	1			2	0											
		[DL4110435]Leisure Safety and First Aid(2 Credit)		2	2	1				2	0										
		[DL4110436]Leisure Service Management(4 Credit)		4	4	1				4	0										
		[DL4110485]Internship in the Leisure Industry I(6 Credit)		6	20	1				0	20										
		[DL4110438]Healthy Sleep(2 Credit)		2	2	1					2	0									
		[DL4110439]Sports Massage Guidance and Practice(4 Credit)		4	4	1					4	0									
		[DL4110483]Leisure Industry Internship II(6 Credit)		6	20	1					0	20									
		[DL4110441]Rehabilitation Practice for Older Adults(2 Credit)		2	2	1						2	0								
		[DL4110442]Application and Practice of Assistive Devices for Older Adults(4 Credit)		4	4	1						4	0								

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